



# The Arlington Advocate

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## RECYCLING ROUTE THIS WEEK

## NEWS

■ The Massachusetts Water Resources Authority Waterworks Division will be exercising main-line valves on Monday, July 25, during the hours of 9 a.m. and 5 p.m., which may affect an Arlington neighborhood. The valve work is expected to cause rusty water in the area of Eastern and Highland avenues. For details, see page 2A.

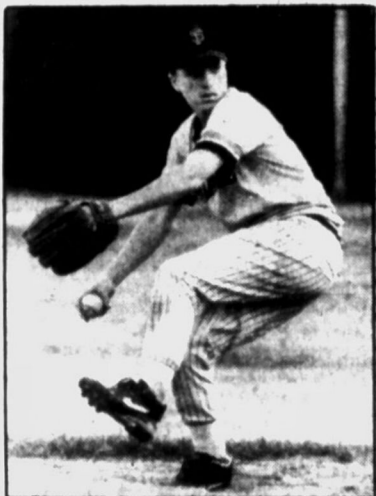
## BULLETIN

■ Curbside recycling pick-up in Arlington will now include magazines, catalogs, and telephone books, the town's department of public works has announced. For more information, call public works or Arlington Recycling Committee chair Suzanne Lijek at 646-4667.

## LIBRARY NEWS

■ There will be a presentation of the "Fire Cloud Cave" by the Galapagos Puppet Troupe at the Hardy School on July 27 at 10:30 a.m. Children, 4 to 12, are invited to see one of China's oldest stories from "Journey to the West." This presentation is made possible by the Anne A. Russell Children's Educational and Cultural Enrichment Fund.

## SPORTS



■ Tom Crohane of the D'Agostino Deli Giants pitches to DeVito-O'Donnell Funeral Home Astros batter during Babe Ruth best of five tournament game. The teams split the first two games of the series, and were scheduled to play the third contest last night. For more sports, please see B-section. (Advocate photo by Bethany Versoy.)

## WHAT'S INSIDE

BIRTHS	12A
BUSINESS	11A
CABLE TV	2A
CLASSIFIED	9B
COMMUNITY	7A
CROSSWORD	8B
EDITORIAL	8A
EDUCATION	6A
EVENTS	6B
LETTERS	8A
LIBRARY NEWS	3A
OBITUARIES	5B
POLICE LOG	5A
PERSONALS	12A
REAL ESTATE	11A
SENIOR NEWS	4A
SPORTS	1B
THINGS TO DO	8B
WEDDINGS AND ENGAGEMENTS	12A

28 pages, 2 sections

Harte-Hanks Community Newspapers

## Symmes offer to bondholders: now or never

### Alternative is bankruptcy court, according to hospital board

By Dave Denison  
ADVOCATE STAFF WRITER

The final offer is in the mail. After months of complex financial negotiations, Symmes Hospital has made an offer to buy back and retire about \$16 million worth of bonds that are held by about 250 investors. How the bondholders react will determine whether the local hospital makes a smooth transition toward new corporate ownership or, instead, ends up in U.S. bankruptcy court.

A joint venture between the Lahey Clinic and Advantage Health Corp. has agreed to purchase the assets of Symmes and set up new health care facilities at the site of the 82-year-old community hospital, but the purchase of Symmes is contingent on the retire-

ment of all outstanding debt. Consequently, Symmes officials and lawyers have been negotiating for months in an attempt to satisfy its bondholders.

This week offers went out asking investors to tender their bonds by July 27. Symmes is offering to buy back the bonds at 102 percent of the original principal amount.

In accepting the deal, bondholders would be making concessions by foregoing future interest payments and certain other benefits.

But the alternative could be worse. The Symmes board of trustees has authorized the hospital to file for bankruptcy if the bondholders balk, according to a statement released last week by Symmes.

**SYMMES BONDS, See page 14A.**

## Group offers new way of looking at weight problems

By Elizabeth Zarrella  
SPECIAL TO THE ADVOCATE

After years of talking to people about their weight problems, Dr. Emily Fox Kales knows that unhappy behavior has a logic all its own. She tells of the woman who was so fat she took to bicycling at night.

The woman confided in Dr. Kales that she loved to ride her bicycle, but rarely got on it in daylight. A number of adolescents live on her street and when they would see her hefty form cycle past their street-hockey matches, they pointed, laughed, and heckled. Unwilling to endure the humiliation, the woman took to bicycling only under the cover of darkness.

Dr. Kales, an Arlington psychologist, has heard many such stories of struggles and shame. She sees vi-

cious cycles in action: the fat woman embarrassed to be seen exercising; the thin person who lives in fear of gaining a few pounds; the frustrated dieter who gives up and eats three desserts.

Seeking to find a new way of addressing weight problems, Dr. Kales in 1975 founded Feeding Ourselves, Inc., an Arlington-based program that focuses on eating disorders, weight management and body image. The program is designed to combine psychological awareness and behavioral techniques to establish a positive relationship to food.

"This is not a weight loss program," explains Kales. "It's an opportunity for people to understand what their weight is about. We expect that people need to feel good

**FEEDING, See page 13A.**

## EAST ARLINGTON HEIGHTS



ADVOCATE PHOTO BY PAUL DRAKE  
Irving Douglas, working for M.F. Stankard & Son of Waltham, does patchwork on the upper regions of the Hardy School in East Arlington. Originally built in 1926, the Hardy is one of three elementary schools to be studied this year for possible renovations. For editorial comment on the school renovation plan, see page 8A.

## Business agrees to unearth tanks

By Ki Bassett  
SPECIAL TO THE ADVOCATE

Owners of an Arlington automotive store have agreed to remove underground fuel storage tanks that town officials charge are a safety hazard.

In a memorandum to the Board of Selectmen, Town Council John Maher contended that the owners of Ander-

son Automotive, Robert and John Anderson, were sent a letter December 6, 1993 urging removal of the tanks. In February of this year, the Andersons were served a notice ordering that they remove the tanks by May 1.

But according to Maher, the orders were ignored until last week.

"We have tried every effort to get them to comply. I have written a number of letters and have made personal visits to try to have these folks comply with the state law," said Maher. "I think we have been very reasonable in trying to cajole and persuade."

Because removal of the three \$10,000-gallon petroleum tanks will cost roughly \$17,000, trying to find the money has been a struggle, according to Robert Anderson.

"It's been a struggle obtaining funds for such a large project but this past

week we did obtain the funds and we are going to select a contract," said Anderson. "It has got to get done, (and) it will get done."

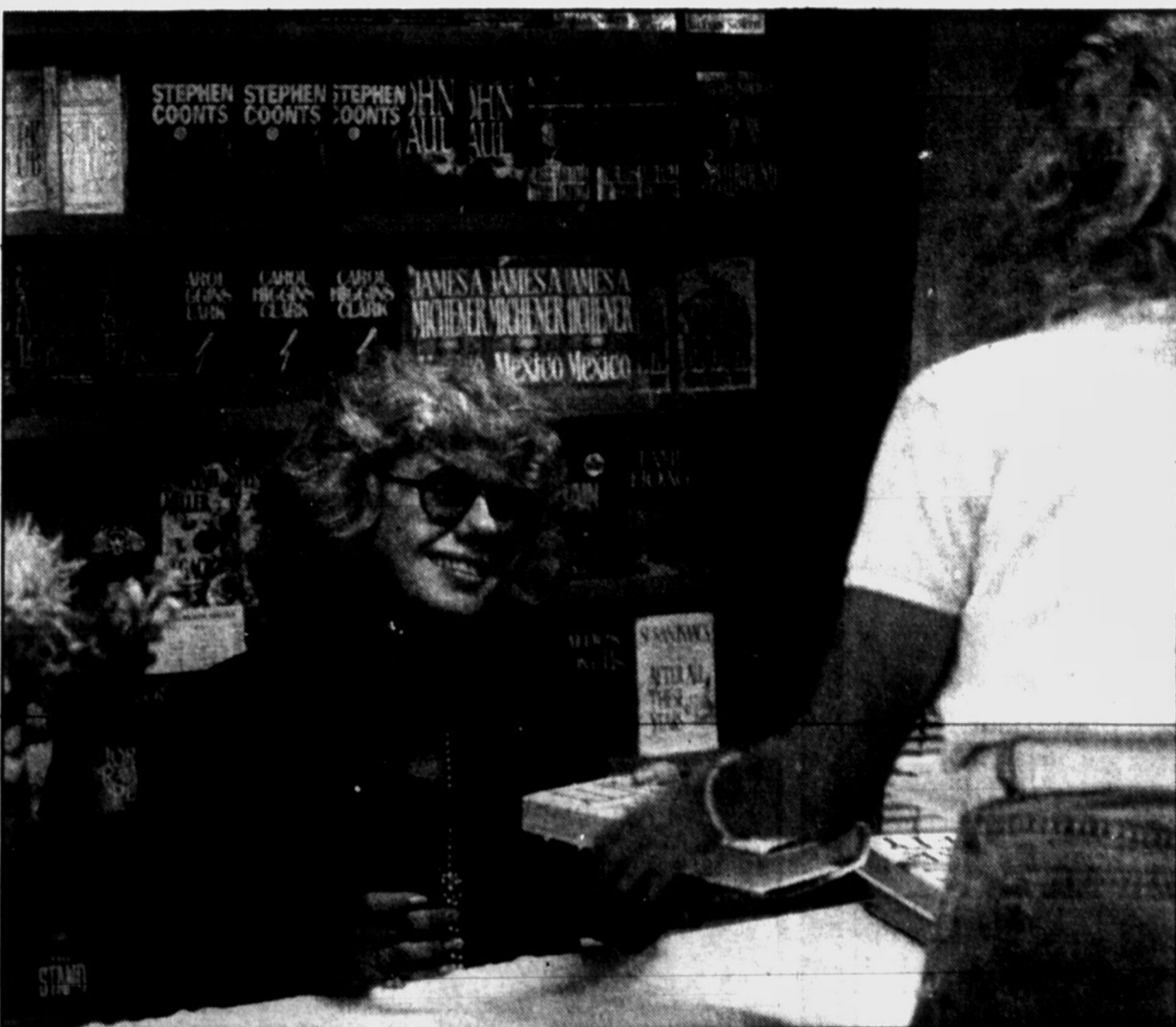
The tanks that once stored gasoline may be empty but according to Maher, they could be emitting flammable fumes that have the potential to explode. In addition, vapors may be leaking into the ground water posing a water hazard.

"The state law considers these tanks to be a dangerous instrumentality," said Maher.

Conservation Commissioner Roland Chaput agreed.

"It's very possible that even if a tank has been emptied it could still have up to 10 gallons in there," said Chaput. Chaput added that if the surrounding soil conditions were moist, the tank

**FUEL TANKS, See page 13A.**



## BOOK TALK

Best-selling author Erica Jong was in Arlington Monday night to speak about her new book Fear of Fifty. Jong discussed women's writing and the art of autobiography and urged a "big-tent feminism" for the '90s. The author spoke and signed copies of her book at the Royal Discount bookstore in Arlington Center.

ADVOCATE PHOTO BY DAVE DENISON

## Woman seeks place in 'all-male bastion'

By Ki Bassett  
SPECIAL TO THE ADVOCATE

Ever since she sat in the tiller cab on the back of a ladder truck as a kindergarten, 32-year-old Susan Tinker knew she wanted to be a firefighter.

But she says the chances of that ever happening seem slim. For the past nine years, Tinker has been trying unsuccessfully to get on the Arlington Fire Department. Though she now lives in Billerica with her husband and three young daughters, Tinker grew up in Arlington in a family that had strong ties to the civil service. Her father had been a police officer for the Arlington Police Department and her husband presently is a firefighter for the town.

"I grew up in a family where people helped people," said Tinker. She said being a firefighter is something she has always wanted to do. "I'm not the type of person who sits still. Being a firefighter is about the unknown. When the alarms go you don't know what's coming next."

Tinker is convinced the Arlington Fire Department has never hired a female firefighter because of its "old boy's club" tightness, alleging that the men on the force are uncomfortable with the thought of women performing the same duties as men. Turned down again in the department's latest round of hiring, Tinker says she feels discriminated against on the basis of her sex.

"I've heard that firefighters have said they don't want any broads in the department," she said. Tinker speculates that part of it might have to do with having women bunk in the same sleeping quarters as the men.

Since 1987, Tinker has been certified in Emergency Medical Training and worked at Armstrong Ambulance as an EMT until she became pregnant with her first child in 1991. In addition to scoring a total of 98.6 out of 100 on the Civil Service Exam, she prides herself on the demanding exercise routine she puts her body through daily. It's not uncommon for Tinker to run three miles a

**FIREFIGHTERS, See page 14A.**



# INSIDE ARLINGTON

## NEWS NOTES

### Recycling Committee seeks members

The Arlington Recycling Committee is seeking new members and associate members. The nine-member volunteer committee works closely with the Public Works Department and others to enhance recycling efforts in town. If interested, send a resume or letter of interest to Mr. John Worden III, 27 Jason St., Arlington. For more information call Chairman Suzanne Lijek at 646-4667.

### Meeting called to save 'Scout House'

A public meeting for those concerned with the future of Boy Scout activities in Arlington has been called for Tuesday, July 26 at 7:30 p.m. at the town hall hearing room.

Due to the merger of the Minuteman Council with the Boston Council, certain properties important to local scouting are set to be sold. The Scout House on Prescott Street in Arlington is one.

Local scouting participants are contesting the possible sale of the Scout House, contending that the building was left to the Arlington Boy Scouts by the Prescott and Thompson families.

The Boston Council is set to vote on the issue at a July 28 meeting.

The Thompson Fund Committee, consisting of seven Arlington scouts who have been active for the past 35 years, is requesting that the building be turned over to that organization.

All townspeople active in scouting are urged to attend Tuesday night's meeting.

### Marzilli joins Bachrach as political director

State Rep. Jim Marzilli (D-Arlington), a two-term member of the House of Representatives and a member of the Democratic State Committee, was recently named political director of the Bachrach for Governor campaign.

Marzilli, 36, has a strong public policy background as the chair of the House Progressive Caucus, with particular emphasis on tax reform, public education and environmental issues.

In addition to issues development, Marzilli, the former executive director of Americans for Democratic Action, possesses extensive political organizing experience, and will work to develop and broaden the Bachrach campaign's statewide field operations.

Carolyn Mieth, 55, of Cambridge, who recently joined Bachrach's staff to assist his fund-raising efforts, will become fund-raising director. The chair of the Cambridge Democratic City Committee, Mieth has been active in city, congressional and statewide politics throughout her career.

"Jim Marzilli and Carolyn Mieth bring a wealth of experience to my campaign," Bachrach said, calling them "the type of people who reflect best the value of citizen participation in politics and government."

Bachrach said that as the campaign "gears toward the final two-and-a-half months of the Democratic gubernatorial primary, Jim Marzilli and Carolyn Mieth will play an integral role in helping bring our message of economic growth and commitment to middle-class values to the people of Massachusetts."

### Vista looking for former volunteers

Volunteers in Service to America (VISTA) is trying to contact former VISTA volunteers for participation in events marking the program's 30th anniversary and its new role as a pillar of President Clinton's national service program, AmeriCorps.

VISTA does not have current addresses for many of the 100,000 Americans who served in the program, and we want to involve them in local, regional, and national events commemorating three decades of VISTA service. VISTA also hopes to offer its alumni opportunities to get involved in current service projects and support volunteer recruitment efforts.

On Oct. 1, 1993, VISTA officially became part of the President's national service initiative. The VISTA program was signed into law in August 1964, and the first VISTA Volunteers entered service in January 1965. Currently about 3,700 VISTA volunteers serve at more than 800 local projects in low-income communities across the country.

Readers knowing others who served in VISTA are asked to pass the word that VISTA needs their skills and energy once again. Former VISTA volunteers are urged to write VISTA, Washington, D.C. 20525, or call: 1-800-424-8867.

### MWRA valve work may cause discolored water in Arlington

The Massachusetts Water Resources Authority Waterworks Division will be exercising main-line valves on Monday, July 25, during the hours of 9 a.m. and 5 p.m., which may affect an Arlington neighborhood.

The valve work is expected to cause rusty water in the area of Eastern and Highland avenues.

This rusty water should be anticipated for one week after the work is completed.

It is important for residents living in these areas to be aware of the possibility of rusty tap water occurring from this work so that they can draw a few gallons beforehand or hold off on doing laundry.

"Rusty water does not create a health hazard," said William A. Brutsch, director of the MWRA Waterworks Division. "We hope that people will be patient with us as we work to improve our water delivery system."

Those having questions or concerns about rusty water may call MWRA Public Affairs at 241-6057.

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## RELIGIOUS NEWS

### New organist at First Baptist Church

John Zielinski has been named the new Organist/Music Director at the First Baptist Church. Zielinski is on the Extension Faculty at the Boston Conservatory of Music as a vocal and choral accompanist.

He is a graduate of the University of Seattle, having studied piano, organ, theory, composition and choral conducting and has had further education in composition at the University of Oregon and at the N.E. Conservatory of Music. Zielinski has received many awards including: winner of the "International Red Bull Piano Competition," winner of the "International Young Keyboard Artists Competition," winner of the "Thalia Concerto Competition," and selected for inclusion in the Washington State Centennial Artists Compendium. Significant performances include: U.S. and Canadian tours with the Seattle Chamber Symphony as soloist in performance of "Beethoven's Third Piano Concerto"; harpsichord and organ soloist with the Broadway Symphony; and has appeared at Carnegie Hall.

### Summer Bible conference at Cornerstone

Guest speakers will be Dr. Bill Allison from Johnson City, Tenn. and Rev. Keith Whitney of Pittsburgh, Pa. at the Cornerstone Baptist Church's annual summer Bible conference continuing this weekend. The service times are as follows: Sunday: Bible School at 9:30 a.m., class for everyone; Church Service, 10:45 a.m., 4 p.m. and 7 p.m. Free buffet supper at 5:30 p.m.

Monday - Friday: Bible Messages at 10 and 11 a.m. Refreshments under the tent at 10:45 a.m. Evening Service at 7 p.m.

Dr. Allison is a Bible teacher and an experienced speaker in missionary conferences. Along with conference work, he is currently pastor of a growing Baptist church in Elizabethton, Tenn. Rev. Whitney has labored for over 40 years with the Jewish people. For many years he was the director of the Evangelization Society of Philadelphia. He brings a great deal of experience to the conference. His wife, Virginia, will be providing special music along with others from the church. The conference theme is "God's Claim On Your Life!" In addition to preaching, there will be old fashioned gospel singing, special music (choir, orchestra, trumpet trio, male quartet, Mrs. Whitney, etc.), and good fellowship.

The church is at 54 Brighton St. in Belmont. The nursery will be open for every service. The church auditorium is air conditioned, and it is also handicapped accessible. For further information or transportation call 489-2498.

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## Meetings

**Thursday, July 21**

The Human Rights Commission is scheduled to meet at 8 p.m. at the Senior Center.

**Monday, July 25**

The Redevelopment Board will meet at 8 p.m. at the Senior Center.

**Thursday, July 28**

The Historic District Commissions will hold the monthly meeting at 8 p.m. at the Jefferson Cutter House.

**Tuesday, August 9**

The Human Rights Commission is scheduled to meet at 8 p.m. at the Senior Center.

**Monday, August 15**

The Board of Selectmen is scheduled to meet at 7:15 p.m. at the second floor meeting room at town hall.

## ABOUT ARLINGTON PEOPLE



### Gallagher elected to Cancer Society board

Joan Gallagher, Ed.D., R.N., of Arlington, an oncology clinical nurse specialist at Massachusetts General Hospital, was recently elected to the American Cancer Society's Massachusetts Division Board of Directors.

Gallagher's responsibilities as a division board member include overseeing the American Cancer Society's cancer control efforts in Massachusetts, including research, education, fundraising and patient services. Her two-year term on the state-wide board began June 15 at the Society's Massachusetts Division Annual Meeting, held in Waltham. Gallagher joins 60 other volunteer board members, representing all areas of the state.

She has volunteered for the American Cancer Society in various ways since 1978. She has been a member of the Society's Professional Education and Nursing Committees. Her current interests in the American Cancer Society include breast cancer and tobacco control. She helped to develop a smoking cessation counseling program for health professionals and led a team for the "1993 Making Strides Against Breast Cancer" walk.

The American Cancer Society has 42 units throughout the state, administered through 13 local offices. Volunteers represent nearly every community in Massachusetts. With more than 2.5 million volunteers nationwide, the American Cancer Society is 99 percent volunteer. For more information about the American Cancer Society's cancer control programs in Massachusetts, call 1-800-ACS-2345.

### Shea receives academic achievement award

Kristen E. Shea, daughter of Mr. and Mrs. William E. Shea of Arlington, has been named a College Scholar, the highest recognition for academic achievement for the spring term at Middlebury College.

Students who receive this coveted designation at Middlebury must have a grade point average of 3.5 or better and have no grade lower than a "B-" for the semester.

**HARTE HANKS** Hart-Hanks Community Newspapers

## CABLE TV



(All programs shown on Arlington Community Television, public access Channel 3, unless otherwise noted.)

**Thursday, July 21:**

4 p.m. GED, Spanish  
5 p.m. Destinos  
6 p.m. State House Report  
6:30 p.m. Beyond the Classroom  
7 p.m. Cable Spotlight  
8 p.m. The Missing Tooth  
8:30 p.m. When The Race is Over  
9 p.m. Living Unlimited  
10 p.m. Hal Koltin Show

**Friday, July 22:**

10 a.m. Golden Opportunities  
10:30 a.m. The Front Page  
11:30 a.m. Cable Cuisine  
12 p.m. Video Shortcuts  
12:30 p.m. Little League's Championship  
3 p.m. Sweet Hour of Harp  
5 p.m. Little League Championship  
8 p.m. The Arlington Ear  
10 p.m. The Arlington Ear

**Saturday, July 23:**

10 a.m. Art in Action  
12 p.m. Talking Sports  
12:00 p.m. Little League Championship  
2 p.m. GED English  
3 p.m. GED Spanish  
4 p.m. Destinos  
5 p.m. Faces  
10 p.m. The Missing Tooth

**Sunday, July 24:**

10 a.m. Live From the Pleasant Street Church  
11:30 a.m. The Missing Tooth  
8 p.m. The Missing Tooth

**Monday, July 25:**

4 p.m. GED, English  
5 p.m. Faces of Culture  
6 p.m. Companion Animal Medicine  
6:30 p.m. Paws for Adoption  
7 p.m. Forever Baseball  
7 p.m. Selectmen's Meeting, LIVE  
7:30 p.m. Online  
8 p.m. Sports Replay, Little League Championship

**Tuesday, July 26:**

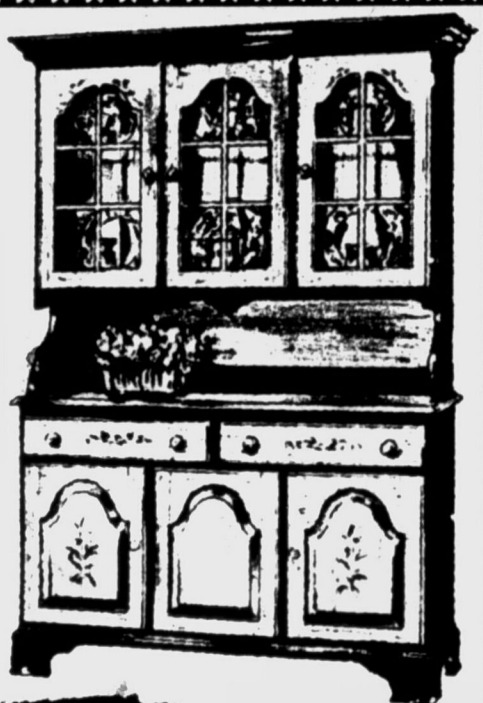
4 p.m. GED, Spanish  
5 p.m. Destinos  
6 p.m. Ready, Willing, Enable  
6:30 p.m. Educational Forum  
7 p.m. The Front Page  
8 p.m. Little League Championship  
10 p.m. Talking Sports  
**Wednesday, July 27:**  
4 p.m. GED, English  
5 p.m. Faces of Culture  
6 p.m. Golden Opportunities  
6:30 p.m. Video Shortcuts  
7 p.m. Paws for Adoption  
7:30 p.m. Continental: At Your Service  
8 p.m. Town Hall Topics  
8:30 p.m. Forever Baseball  
9 p.m. On Line  
9:30 p.m. Arlington Philharmonic

# SUMMER SALE

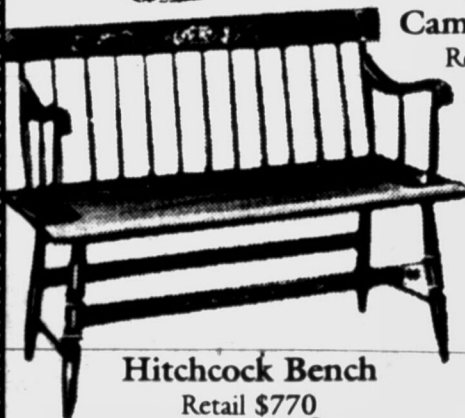
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## Senior Citizen Expo

**Wednesday, July 27**  
**10 - 2 pm**



The New Bostonian Quartet Singers will begin at 12 o'clock. Come join the fun and activities

**11 a.m.**  
**Bingo Game**  
**Grand Prize**  
**Trip for Two!**

Representatives from the following groups will be available

**Harvard Community Health Plan**  
**FREE Blood Pressure Screening**  
**FREE Fat Analysis (by Registered Nurse)**

**Medplex of Lexington**

**AARP**

**Retired Senior Volunteer Program**

**Baybanks**

**Lexington Family Chiropractic**  
**Spinal Screening**

**Horsley Eye Clinic**  
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# ARLINGTON NEWS



## SAFETY KITS FOR KIDS

Arlington resident Chris Hoffman, 11, participated in the Red Sox KidCare event held June 11 at Fenway Park. Young fans received photo IDs and information on safety issues. Greeting Hoffman is Susan Bickelhaupt of the Boston Globe (left) and Marianne Sardone of Polaroid. Project KidCare is part of a campaign developed by the National Center for Missing and Exploited Children in cooperation with the Polaroid Corp.

## LIBRARY NEWS

### Ticket to Read continues at library

Summer is almost half over at Robbins Library. Children may be reminded to continue working on their reading charts for the Ticket To Read Summer Reading Club. Stop by the children's desk if you have not already signed up for the reading club. Free R.I.F. paperbacks will be available until July 29.

The Children's Room has story-hours and craft programs throughout the summer. Stop by the children's desk or call 646-1000, Ext. 4305, for more information.

On July 27 there will be the presentation of the "Fire Cloud Cave" by the Galapagos Puppet Troupe at the Hardy School, at 10:30 a.m. Children, 4 to 12, are invited to see one of China's oldest stories from "Journey to the West." This presentation is made possible by the Anne A. Russell Children's Educational and Cultural Enrichment Fund.

### Fox Library group to meet July 27

The Friends of Fox Library group plans a meeting Wednesday, July 27 at 7:30 p.m. at the Fox. The group now has two representatives on the committee that is planning Fox renovations: Shelly Dien and Elsie Fiore. The two were appointed by Board of Selectmen chairman Kevin Greeley.

## The Advocate's Hours

Regular hours for the Advocate's main news office at 5 Water St. in Arlington are: Monday and Tuesday from 9 to 5, Wednesday and Thursday from 9 to 2, and Friday from 9 to 3. These are the hours when the office is open for business. It is not uncommon for editors and reporters to be at the office at all hours, but the public is best served by visits during the above hours, when a helpful receptionist is on duty.

Visit "Royal Majesty" Cruise Ship In Boston With Cruise-Ahoy! Saturday, August 6, 1994!

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# Parents urge action at Parallel Park area

By Ki Bassett  
SPECIAL TO THE ADVOCATE

Children crossing the traffic-congested Route 60 to Parallel Playground located at the corner of Medford and Parallel streets are in danger from fast-moving cars and trucks, say concerned citizens.

At the Board of Selectmen's meeting last week, several parents, neighbors and one 13-year-old girl urged officials to take action against the high speeds of the plethora of automobiles, buses and large utility vehicles in an area congested with young kids.

Neighbors who live near the playground, many of whom have children, have been pressuring the town to install traffic lights at the already existing painted cross walk on Medford Street to ensure a safer crossing for pedestrians. Spearheaded by Maynard Street resident Joyce Brillante, 100 neighbors signed a petition more than a year and a half ago re-enforcing the need for the lights.

Town Manager Donald Marquis and Acting Director of Police Services Eugene DelGaizo studied the busy crosswalk this week and have already begun strategizing about the possible safety implements that could be installed.

"The ball is rolling. We are going to explore all the options including the use of signage, painting, traffic control lights and we are going to ask the state, our own traffic officials and residents to recommend what they think ought to be installed," said Marquis this week.

Marquis defended the town's decision to hold off a year before implementing a light system, explaining the town was waiting for neighbors to reach a consensus about what types of safety devices should be put in. He noted that \$15,000 had been appropriated in the town's capital budget last year for a pedestrian-activated traffic light. "I've been waiting a whole year for neighbors to recommend a solution. They finally did at the Board of Selectmen's meeting last week," said Mar-

quis. Marquis explained that the delay was partially caused by neighbors who objected to having lights installed in front of their homes.

It is Medford Street resident Mary Ann Schwamb's hope that the town doesn't opt to only put in signage. "The most sensible place to place the lights is where the existing crosswalk is now on Medford Street but the town says that would cost \$60,000 and they say that's too much," said Schwamb. "I think it's the town's responsibility to ask the state to help pay for it."

Thirteen-year-old Danielle Brillante often takes the kids she babysits for over to the playground. She appealed to the board members saying that she feels unsafe walking the children across the street.

"What is more important," she read from her statement to the board, "a child's life or the small amount of capital you use to make a cross light? Many young children are at the park every day and every night and have to take a chance getting there."

Marquis said the first thing the town will do will be to put up signs in the area warning traffic to drive slowly through this section of Medford Street. Lights, he promised, will also go up as soon as a decision has been made by town and state officials as to where to place them. He said they do not have an exact date as to when these lights or signs will be installed. Although he did not downplay a citizen's concern for his or her child's safety, Marquis says there have been no reported accidents or injuries to a pedestrian at this particular crossing.

"The other side of story is that statistically, there have been no accidents and injuries here. I've asked Gene (DelGaizo) to look into his records to see if there have been any injuries there over the years."

Marquis says by the Selectmen's August 15 meeting, he will have an interim report explaining which safety options will be used.

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### PRIMARY CARE

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22 Mill Street, Suite 204  
Arlington 646-3420

**David Khoury, MD**  
22 Mill Street, Suite 207  
Arlington 646-0277

**Maureen Norman, DO**  
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**Donald Shushan, MD**  
**Callie Taffe, MD**  
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**Eric Guardino, MD**  
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22 Mill Street  
Arlington 648-3000

### OBSTETRICS/GYNECOLOGY

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22 Mill Street, Suite 204  
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#### Obstetrics/Gynecology

**Cheryl Hamlin, MD**  
**Beth Hardiman, MD**  
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#### Obstetrics/Gynecology/Midwifery

**Maureen Cook, MD**  
**Gary Goldsmith, MD**  
**Arthur Spector, MD**  
**Phyllis Gorman, CNM**  
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### SURGERY

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**Marvin Corlette, MD**  
366 Massachusetts Avenue  
Suite 101  
Arlington 648-8411

#### General Surgery

**Paul Friedman, MD**  
22 Mill Street  
Arlington 646-8130

#### General and Vascular Surgery

**William Flynn, MD**  
22 Mill Street, Suite 301  
Arlington 643-6313

**Horst Filtzer, MD**  
**Chris Holmblad, MD**  
**Susan Pories, MD**  
366 Massachusetts Avenue  
Suite 101  
Arlington 648-0525

#### Hand Surgery

**Donald McKay, MD**  
22 Mill Street, Suite 302  
Arlington 646-7730

#### Hand and Orthopedic Surgery

**Alan Ertel, MD**  
22 Mill Street, Suite 302  
Arlington 661-1998

#### Orthopedic Surgery

**John Chaglassian, MD**  
1021 Massachusetts Avenue  
Arlington 643-6437

**James Gibbons, Jr., MD**  
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## SENIOR NEWS

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ASSOCIATION

## Weekly programs

Sponsored by the Arlington Seniors Association, these programs are offered every week at the Senior Center. To join a class or group, call 646-1000, Ext. 4740 or 4743.

Monday, 9:30 to 10:30 a.m., exercise; 1 to 4 p.m., contract bridge.

Tuesday, 9 to 10 a.m., beginning line dancing; 10 to 11:15 a.m., intermediate line dancing.

Wednesday, 9:30 to 10:30 a.m., exercise; 10 a.m. to noon, informal knitting; 1 to 4 p.m., contract bridge; 1 to 3 p.m., beano.

Thursday, 9 to 11 a.m., square dance lessons; 10 a.m. to noon, senior forum; 1:15 to 2:30 p.m., line dance class.

Friday, 9 to 10:30 a.m., yoga; 1 to 4 p.m., contract bridge or other games and pool lessons.

## Cribbage

Cribbage instructions are available

on Mondays, at 1 p.m. Free.

## Sing along

Sing along cancelled until September.

## Whist Party

Whist Party will be canceled during June, July and August.

## Bridge

Progressive bridge at the Senior Center, Mondays, at 1 p.m. Admission is \$1. Prizes will be awarded.

## Family Issues

Dr. Eva Balazs, licensed family therapist invites you to attend the meeting of Family Issues, a discussion group sponsored by the Senior Association of Arlington.

The purpose of this program is a forum where members can examine a number of topics in a caring, supportive environment in total confidentiality.

Sponsored by the Arlington Senior Association, the meetings are free of charge and are open to the residents of Arlington. They are held continuously on Tuesday mornings on the first floor of the Senior Center, 27 Maple St.

## Overnight trips

July 31 to Aug. 1: Tanglewood. Cost is \$199 double occupancy. Overnight at Williams Inn, two meals, reserved shed seating at Tanglewood and admission to Norman Rockwell Museum. Final payment due June 30.

Aug. 12 to 15: Ottawa and the Thousand Island Region. Four days. Cost is \$299 double occupancy, \$389 single; \$289 triple. Six meals, escorted sightseeing tour of Ottawa and cruise of 1000 Islands. Full payment due July 12.

Nov. 26 to 27: Beacon Christmas Party. Cost is \$125 double occupancy, for two days, one night with three meals, live entertainment and a visit from Santa.

For more information, call Betty at 643-6143.

## Day trips

Aug. 17: Cape Cod, Hyannis. Lunch and entertainment at Christine's Res-

taurant (choice of menu, Yankee pot roast or baked stuffed haddock). One hour cruise (Lewis Bay and Hyannis Harbor) and shopping time at Christmas Tree Shop on way home. Transportation via Crystal motorcoach. Cost is \$41 for entire package.

ARLINGTON COUNCIL  
ON AGING

## SHINE

Wednesdays 10 a.m. to 4 p.m. - COA Health benefits counselors will be at the Council on Aging on Wednesday from 10 a.m. to 4 p.m., to provide free confidential assistance with questions on Medicare, Medex, Health Maintenance Organizations, insurance claims forms, prescription drugs, etc. To make an appointment call 646-1000 Ext. 4720. If, for any reason, you are unable to keep your appointment with SHINE, a call letting us know would be appreciated.

This program is coordinated by the Executive Office of Elder Affairs at the Statehouse in Boston.

## Project Hire

If you are in need of a companion, homemaker or health aide and you live in Arlington or Lexington, contact June Brooks, Project Hire at COA. Call 646-1000 Ext. 4720 Monday through Thursday, 9 a.m. to 2 p.m., 27 Maple Street.

## Social Services Notes

If certain personal problems have you or a member of your family troubled, don't keep them to yourself. Our Outreach worker, Mrs. Diane Tainter, a licensed social worker, can help you with short-term counseling, nursing and retirement information. Call Diane Tainter at 646-1000, Ext. 4720.

## Eating Together Meal Site

Senior Center Luncheon Site, 27 Maple St. Call site manager, 646-1000 Ext. 4747 for reservations and transportation. Drake Village Site, Hauser Bldg., 37 Drake Village Road: Call the site manager at 648-7500 for reservations and transportation. Reservations are necessary. Menus may change without notice. Monday, July 25, vegetable lasagna with cheese; Tuesday, July 26, baked ham/pineapple sauce/scalloped potato; Wednesday, July 27, meatloaf/gravy/dilled potatoes; Thursday, July 28, oven fried chicken leg/cranberry sauce/whipped potato; Friday, July 29, vegetable pinto bean soup/seafood salad.

## TDD/TTY phone number

The COA has a TDD phone for the hearing impaired. Call 648-8130.

## Volunteers

Volunteers are needed to drive for the Meals-on-wheels program in Arlington. Pick your own day. Hours are 11 a.m. to 12:30 p.m. For more informa-

tion call Lynne at 646-1000, Ext. 4720.

## Blood pressure screening

The weekly blood pressure screening will be held at the COA on Thursday, July 28, from 1 to 2:30 p.m. Nurses will check blood pressure and provide counseling for health problems and issues.

## Dial-a-ride and coupons

Dial-a-Ride cards and coupons are available at the COA, Monday through Friday, 10 a.m. to 2 p.m. If you are unable to come in, please mail a check along with your name, address, telephone number, L.D. number (if available) and a stamped self-addressed envelope to COA.

Coupons come in books of five, ten or more (in increments of five). A book of five coupons is \$6.25; a book of 10 is \$12.50. These coupons will be good for the 1994 Dial-A-Ride season.

For more information please call the COA at 646-1000, Ext. 4724.

## Help with spring chores

Thanks to sponsorship from W.R. Grace Co. the LINKS program Linking Neighborhood Kids with Senior Citizens will be able to continue again this year. Yard clean-up, pet care (such as walking or grooming), marketing or other errands are some of the services provided by the students. Students are encouraged to work in pairs at a rate of \$3 to \$4 per hour. Seniors interested in requesting services should contact June Brooks at the Council, Monday

through Thursday, 9 a.m. to 2 p.m., 646-1000, Ext. 4720. We will pass the request to the school coordinator, Dennis Mercurio, who will match seniors with students if they are available.

## Bill-Payer volunteers needed

Minuteman Home Care offers a Money Management Assistance Program to help senior citizens write checks and balance checkbooks. Call 272-7177 and ask for Cathy Papazian or Evelyn Higley.

## Food Stamps

Call the COA at 646-1000, Ext. 4720 or stop in for some easy to read information about food stamps for the elderly to find out more about food stamps and learn if you may be eligible to receive them.

Also, call Project Bread's free Food Stamp Information Line at 1-800-645-8333, Monday through Friday, from 9 a.m. to 5 p.m. for a confidential food stamp eligibility screening.

## Spare Time?

The Arlington COA needs you. We currently have volunteer openings in our Friendly Visitor Program.

"Friendly Visitors" visit homebound elders once a week for a minimum of one hour to provide companionship.

Monthly group meetings and individual meetings are held to provide guidance and information that may be helpful to you. Call Lynne at 646-1000, Ext. 4734 for more information.

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## Family Pet Contest

Enter Your Pet's Photograph in the Harte-Hanks Community Newspapers Family Pet Contest!

Your pet could be a lucky winner in one of the following categories:

- Cutest Pet
- Funniest Pet
- Largest Pet
- Smallest Pet
- Most Unusual Pet

Simply send us a picture of your pet, the coupon below, along with a check or money order for \$15.

Winners each receive a \$50 gift certificate to Farmers Exchange of Framingham and Burlington, plus a commemorative plaque.

A portion of the proceeds will be donated to the MSPCA.

## Family Pet Contest Entry

Pet's Name \_\_\_\_\_  
 Type of Pet \_\_\_\_\_  
 Age \_\_\_\_\_ Approx. Weight \_\_\_\_\_  
 Owner's Name \_\_\_\_\_  
 Address \_\_\_\_\_  
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Mail Coupon, Photo, and Check To: Family Pet Contest,  
33 New York Avenue, Framingham, MA 01701See your pet's photo in our  
papers on August 17th and 18th.  
Plus, the winners will be featured in  
this special tribute to the family pet.

## CONTEST RULES:

- Each pet's photo may be submitted only once.
- Name, address, and phone number must be on the back of the photo.
- Photos cannot be returned.
- Employees of Harte-Hanks and their relatives are not eligible to win.
- Photos will be on display and voted on at the Middlesex County Fair, Framingham, August 13 & 14. Winners will be notified by phone.
- No purchase necessary.
- All entries must be received by Friday, August 5, 1994.
- Checks must be made payable to: Harte-Hanks Community Newspapers.



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# ARLINGTON NEWS

## POLICE LOG



### ARRESTS

■ At 1:15 a.m. on Tuesday, July 12, police arrested a 20-year-old Lowell man on an outstanding warrant charging him with violating his probation.

■ On Tuesday, July 12 at 9:30 p.m., police arrested a 35-year-old Mass. Ave. man at the corner of Mass. Ave. and Chandler and charged him with multiple motor vehicle violations including: operating an unregistered motor vehicle, concealing the motor vehicle owner's identity, attaching license plates, operating an uninsured motor vehicle, speeding, larceny of a motor vehicle and receiving stolen property. At approximately 8 p.m., police reportedly noticed a 1983 green Oldsmobile Cutlass speeding along Mass. Ave. and Lindwood. After pulling over the driver, the police ran a query on the plates and learned the car had allegedly been stolen out of Lexington. The driver was placed under arrest.

■ A 14-year-old girl was arrested by police on Sunday, July 17 at 4:39 p.m. and charged with disorderly conduct after she allegedly tried to assault a counselor from the Germaine Lawrence School for troubled teens. Upon arriving at the school to investigate a report of a missing juvenile, a police officer reported seeing a counselor follow a girl down Florence Street. When the officer began speaking to the counselor about issuing a CHIN (Child in Need of Services) warrant against the juvenile, the girl reportedly began to scream obscenities. She allegedly struck the counselor, ripping her shirt. The girl was arrested for disorderly conduct and transported to Symmes Hospital where she was evaluated by a crisis team, police reported.

■ Police arrested a 52-year-old Newport Street man on Sunday, July 17 at 6:35 p.m. and charged him with assault by a dangerous weapon. Police said they arrested William Bumstead after he allegedly threw a metal croquet stand at the 37-year-old victim. According to police, Bumstead and the victim reportedly got involved in an argument in the car over money. Later at the house on Newport Street, Bumstead reportedly threw the stand at her. Police reported a broken window in the rear door of the apartment. The victim told police that the window broke when he tried to lock her out. Because the victim said she feared for her safety, she requested a restraining order be brought against Bumstead, police said.

■ At 7:30 p.m. on Tuesday, July 12 a black male teen-ager allegedly assaulted a 40-year-old Lombard Terrace man at Spy Pond Field near the bike path. According to the man, he reportedly saw a youth throw a rock and hit his car in the parking lot near Spy Pond Field. Police report that the man confronted

the youth on his bike by placing both hands on his handle bars and asking if he was the one who threw the rock. Other youths reportedly began biking down one of the embankments, allegedly shouting threats at the car owner. There was no damage done to the man or his car, police said.

### VANDALISM

■ In the Mirak Chevrolet storage lot located at 1130 Mass. Ave., a number of cars were reported vandalized between July 8 and July 11. Rocks that were allegedly thrown over the fence caused damage to a 1994 Chevy Cavalier, smashing its windshield and damaging the cowl on the hood. The rocks also caused damage to the right sliding door of a 1993 Mercury Villager, the left door and the roof of a 1994 Astro Van and the windshield of a 1994 Chevy Cavalier. Total damage is estimated at approximately \$1,200.

■ At Devito's Funeral Home located at 1145 Mass. Ave., a 2x4 front door window was reportedly broken. The damage is estimated at around \$1,050, police said.

### LARCENIES & BREAK-INS

■ A break-in at a Wellesley Road address was reported to police on Sunday, July 17 at 9:30 p.m. According to a witness, the suspect — a black male, approximately 5'8" with a stocky build and wearing dark clothing — was reportedly first seen crouching about the outside of the residence. The witness reports that the suspect then entered through a kitchen window via a ladder. The witness told police he saw the suspect go from one room to another with a flashlight and finally exit through a bathroom window. The suspect allegedly dropped a bag to the ground. The owners of the home report that a VCR, a Canon camera, a Sony cordless tele-

phone and a jade bracelet were reported stolen.

■ A gray, 21-speed Rock Hopper mountain bike was reported stolen between the dates of July 12 and the 14 from a Brooks Avenue apartment. Police report that it was stolen from the side of the owner's house.

■ A black Bianchi mountain bike was reported stolen from the rear of the high school near the bike path on Thursday, July 14 at 7 p.m. According to the 24-year-old bike owner, while he was jogging around the high school track, he reported seeing a white male, approximately 18 years old, take off with his bike toward Varnum Street. The bike is valued at \$300.

■ A black 18-speed Huffly Stalker mountain bike was reported stolen from the Summer Street park basketball court on Thursday, July 14 at 8:30 p.m. The bike is valued at \$156.

■ A Teel Street woman had reportedly placed her pocketbook on the porch while she carried groceries into her apartment on Wednesday, July 13 at 11:30 p.m. When she went back to get it, it was missing, police reported. There was approximately \$60 in cash and a number of credit cards.

■ In the MBTA parking lot located at 1395 Mass. Ave. Tuesday, July 12 between the hours of 1 and 3 a.m., a 1984 Ford Escort was reportedly broken into. Police said the right side door window was broken and the right front tire had been flattened. It is unknown at this time if anything was taken, police said.

### MISCELLANEOUS

■ On Thursday, July 14 at 9:08 p.m., a 31-year-old Brooks Avenue man who was reportedly under the influence of alcohol allegedly threatened suicide. He was taken into protective custody, police said.

■ At Robbins Farm on Saturday, July 16 at 11 p.m., an 18-year-old Gray Street man allegedly assaulted and battered an 18-year-old Scituate Street man. According to police, the Scituate Street

male reportedly received two punches to his left eye, causing slight swelling, police said.

■ On Saturday, July 16 at 8:30 p.m., while playing behind Buck Field on Summer Street, a nine-year-old Grove Street boy was reportedly bitten by a small, black animal with a short tail. The father told police that his son had reportedly received a bite to his left index finger, causing a small scratch. Police combed the wooded area for an animal that fit this description but nothing was found. The boy's bite did not require medical attention.

## FIRE REPORT



■ Fire officials conducted investigations at the following locations on Sunday, July 10: at a Medford Street address at 12:24 a.m. and at a Russell Terrace address at 2:21 p.m.

■ A medical emergency at the following location was responded to by firefighters on July 10: at a Drake Road address at 9:15 p.m.

■ A fire alarm at the following location was responded to by firefighters on July 10: at a Pleasant Street address at 4:21 p.m.

■ Medical emergencies at the following locations were responded to by firefighters on Monday, July 11: at the Winslow Towers at 12:42 a.m., a Ridge Street address at 9:19 a.m., a Belknap Street address at 12:06 p.m., on Broadway at 4:01 p.m., at the corner of Claremont and Wollaston avenues, and a Harlow Street address at 9:12 p.m.

■ Fire officials conducted an investigation at the following location on July 11: at a Winchester Road address at 11:53 a.m.

■ A fire alarm at the following location was responded to by firefighters on July 11: at a Summer Street address at 2:26 p.m.

■ On Monday, July 11 fire officials responded to a water leak at a Webster Street address at 8:26 p.m. and to an accident at the corner of Pleasant Street

and Mass. Ave. at 3:22 p.m. There were no reported injuries.

■ Medical emergencies at the following locations were responded to by firefighters on Tuesday, July 12: at a Crescent Hill Avenue address at 6:28 a.m., in the 1500 block of Mass. Ave. address at 8:04 a.m., a Sunset Road address at 8:44 a.m., a Lombard Terrace address at 12:31 a.m., a Jason Street address at 2:14 p.m., a Palmer Street address at 3:18 p.m., a Wollaston Avenue address at 5:20 p.m. and a Henderson Street address at 11:02 a.m.

■ Fire officials conducted investigations at the following locations on July 12: at a Jason Street address at 2:49 a.m. and at the corner of Spring Street and Morton Road at 1:55 p.m.

■ On Tuesday, July 12, fire officials responded to a water leak on Broadway at 5:33 a.m.

■ A fire alarm at the following location was responded to by firefighters on July 12: at a Pond Lane address at 12:04 p.m.

■ Medical emergencies at the following locations were responded to by firefighters on Wednesday, July 13: at a Smith Street address at 12:58 p.m., a Tufts Street address at 8:45 a.m. and at Spy Pond Field at 6:42 p.m.

■ Fire alarms at the following locations were responded to by firefighters on July 13: at a Summer Street address at 12:22 p.m. and on Sunnyside Avenue at 7:53 p.m.

■ Fire officials conducted investigations at the following locations on July 13: at a Pine Street address at 5:25 p.m., a Dickson Avenue at 8:12 p.m. and a

Renfrew Street address at 9:43 p.m.

■ On July 13, firefighters responded to a car fire at a Avola Street address at 9:59 p.m. and an outside fire at a Chestnut Street address at 7:07 p.m.

■ Fire officials responded to an outside fire on July 14 at the corner of Summer Street and Edgell Road at 10:12 a.m. and an accident at the corner of Gray and Quincy streets at 12:23 p.m.

■ On Thursday, July 14, medical emergencies at the following locations were responded to by firefighters: a Wachusett Avenue address at 2:44 a.m., a Park Avenue address at 7:26 a.m., in the 900 block of Mass. Ave. address at 4:05 p.m., a Mystic Street address at 11:20 p.m. and a Summer Street address at 4:28 p.m.

■ Fire officials conducted investigations at the following locations on July 14: at a Pleasant Street address at 10:05 a.m. and in the 900 block of Mass. Ave. at 7:31 p.m.

■ Medical emergencies at the following locations were responded to by firefighters on Friday, July 15: at a Russell Terrace address at 11:36 a.m. and a Lennon Road address at 12:25 p.m.

■ On July 15, fire officials responded to an accident at the corner of Mystic Street and Robin Hood Road at 1:39 p.m. and an accident at the corner of Park Avenue and Appleton Street. There were reported injuries in both accidents.

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Friday July 29 7:30 p.m.  
Saturday July 30 1:00 p.m. and 7:30 p.m.

Performances will be held at the First Baptist Church hall in Arlington at 819 Massachusetts Avenue. The Theater Entrance is at the rear of the church, by Willow Street.

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<b>Ballantine Scotch</b> 1.75 Liter <b>\$19.99</b>	<b>Dewars Scotch</b> 1.75 Liter <b>\$23.99</b>	<b>Sutter Home 3 for White Zinfandel</b> <b>\$10.00</b>
<b>Sandy Scot Scotch</b> 1.75 Liter <b>\$8.99</b>	<b>Natural Light</b> 24 1/2 oz. cans + Dep. <b>\$8.99</b>	<b>Bacardi Rum</b> Silver & Amber 1.75 Liter <b>\$14.99</b>
<b>Kahlua</b> 750 ml. <b>\$11.99</b>	<b>Miller Lite</b> 24 1/2 oz. cans + Dep. <b>\$9.99</b>	<b>Absolut Vodka</b> 1.75 Liter <b>\$19.99</b>
<b>Smirnoff Vodka</b> 1.75 Liter <b>\$13.99</b>	<b>Beck's Beer</b> 24 1/2 oz. cans + Dep. <b>\$13.99</b>	<b>VO Canadian Whiskey</b> 1.75 Liter <b>\$12.99</b>

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EDUCATIONAL TOYS

## SCHOOL NEWS

### Peirce students don thinking caps

Sixth grade students from Peirce School recently participated in the 1994 Massachusetts Thinking Cap Quiz Bowl. "Team-21" placed third in the sixth-grade division and received a plaque recognizing their victory. The Quiz Bowl tests knowledge in the areas of science, literature, mathematics, spelling, social studies and Massachusetts history. The class worked as a team to answer the 100 questions. The Peirce P.T.O. sponsored the team and the Arlington Computer Company provided the computer which allowed the class to participate in this event.

### Students' art helps local theater

Students in Pauline Finberg's Advertising Art classes at Arlington High School and volunteers at Arlington Children's Theater have one goal in common — they reach out to the community, and they make a difference.

The Arlington Children's Theater is a nonprofit volunteer organization which has to budget limited time and resources. So, when A.C.T. wanted quality original artwork done for promotions, Gwen Davidson, treasurer of A.C.T., asked Finberg if her students would produce the artwork. The students needed to enhance their portfolios and meet real deadlines — and A.C.T. needed volunteers with the time and resources to create their posters and programs, sometimes within a very tight deadline.

The idea was accepted immediately. Students began reading scripts for plays such as "Inside Out," "Two Small Fries To Go," "Ice Wolf" and A.C.T.'s current summer production, "East of the Sun, West of the Moon." Next, using their creativity and ingenuity, students applied principles learned in class to create images that are marketable and in demand. After submitting their posters to Finberg for a grade, the students' work was then submitted to A.C.T.'s board of directors for the selection process.

As Deb Butler, president of A.C.T., states: "We're looking for quality, original artwork that will attract the audience we want to reach — the children and families of our community." Several drawings were then chosen by the board and used in posters and programs for A.C.T. productions. Since the artwork displays students' interpretations and expectations of characters, it also helps the A.C.T. director to gain valuable insights for character development. According to Butler, "All of the students have met deadlines and provided quality artwork. We're very grateful for their enthusiasm and support."

The following students submitted artwork which was used by A.C.T. — Ryan O'Connor, "Ice Wolf," who will major in art at the University of New Hampshire this fall; Matt Rebholz, "Ice Wolf," a sophomore; Eve Lawlor and



### THINKERS

Among the Peirce School sixth graders recognized in the Massachusetts Thinking Cap Quiz Bowl were: (front, left to right) Kelly Murphy, Laura Egan, Lauren Kumpey, Shalanda DiSola, Liana Buccieri; and (middle row): Renee Adams, Danny Palmieri, Cameron Sickles; and (back row): Patrick Sullivan, Andrew Senesi, David McGinley, Joe Covell, Omar Taquiddeen, Greg Weber, Melissa Gridley, and Michael Egan.

Rebecca Bruhn, both sophomores, designed the "Inside Out" and "Two Small Fries To Go" programs.

"East of the Sun, West of the Moon" will open on July 22. Watch the Community Listings for performance dates, times and location, or call A.C.T. at 646-8204 for more information.

### Sprague receives award at Newton school

Newton Country Day School of the Sacred Heart recognized Elizabeth Sprague at Prize Day for achieving honors during the 1993-1994 academic year.

Sprague, a 10th grade student from Arlington, received the prize for Religious Studies, and a red ribbon certificate. A red ribbon certificate denotes an average of B+ or above, with no grade below B-. She is the daughter of Mr. and Mrs. Stephen Sprague.

### Two students recognized at Middlesex Prize Day

Two Arlington residents received awards at Middlesex School's annual Prize Day on May 29. David James Blake Jr. was the recipient of the Robert C. Lea Crew Bowl. He served as a captain of the Middlesex crew this year. Given by the crews of 1975 in honor of Robert C. Lea — a 1960 Middlesex graduate who taught and coached at the school from 1967 to 1974 — the bowl is awarded to a member of the crew program who "throughout his Middlesex career, remained enthusiastic, cooperative and hard-working, even in the most unpleasant circumstances which nature and man-made equipment have to offer, who knew and respected both strength and weakness in himself and in his fellow oarsmen, and, who faced the challenge of competition with courage and endurance."

Also recognized at the Prize Day ceremony was Frederick William Joseph Sheahan, who won a magna cum laude certificate for his performance on the 17th annual National Latin Exam.

Both Blake and Sheahan will be seniors at Middlesex School in the fall.

### Jennings participates in conservation program

Laura Jennings of Arlington is working this summer as a member of the Student Conservation Association's high school volunteer program in Voyageurs National Park, Minn.

Jennings, a sophomore at Arlington High School, is one of more than 450 high school students taking part in the Student Conservation Association's programs at state parks, forests and

other land management areas nationwide. Through the program, students help government agencies manage and preserve America's rich natural resource heritage.

Jennings' work project will include construction of 1 1/2 miles of new hiking trail, water-bar construction, tread stabilization and boardwalk construction. Located in northern Minnesota along the Canadian border, Voyageurs National Park is a prime section of lake country. Shaped by continental glaciation, it is a land of endless internal waterways and innumerable islands.

The program runs for four weeks. At

ter three weeks of work, living in the backcountry in tents, crew members spend their last week on a wilderness adventure trip.

Jennings, 16, is the daughter of William and Linda Jennings of Westmoreland Avenue.

The Student Conservation Association, the nation's largest and oldest conservation volunteer organization, is a nonprofit educational organization based in Charlestown, N.H.

For more information contact the Student Conservation Association, P.O. Box 550, Charlestown, NH 03603. (603) 543-1700.

## Arlington High posts honor roll

The following Arlington High School students were named to the honor roll for the fourth term of the 1993-1994 school year.

**First honor roll.** Students must receive no other grade than "A" with a minimum of five courses to qualify for first honors.

Grade 12: Lewis Brooks, Allison Burns, Julie Dacey, John Fanciullo, Kendra Linder-Johnson, Melissa Lim, Justin Lucente, Allegra Petti, Deanna Stacchi, Ellen Takata and Demetrios Zaphiris.

Grade 11: Andrew Castiglioni, Edward Cohn, John Connors, Christopher Davie, Valerie Gebhardt, Dominic Kalas, Stephanie Kottler, Jutta Lantz, Thomas Madden, Michael Ortwein, Christopher Perriello, Daniel Ryan, Kelli Schofield, Jason Silva, Christopher Tringali, Rachel Vanderhill.

Grade 10: Sara Allen, Chaddus Bruce, David Christensen, Matthew Lee, Rachel Sexton, Hsin Lu Shao, and Rosalind Takata.

Grade 9: Mallika Anand, Kerry Casey, Stephanie Kraemer, Daniel Madden, Martin Minns, Taylor Neaman-Goudey, Leah Pappas, Justin Pasquariello, Karen Smith, Christopher Sullivan, Nicola Sumorok, and Jonathan Vogan.

**Second honor roll.** Students must receive no other grade than "A" or "B" with a minimum of five courses to qualify for second honors.

Grade 12: Sorana Atinca, Rebecca Anderson, Jennifer Bannister, Christine Belden, Jessica Bina, Elizabeth Bowler, Julie Brusgulis, Florida Cabral, Katelyn Caffelle, Aileen Carr, Connie Cheng, Jessica Dispensa, Amanda Donovan, Cynthia Falwell, Wendy Flynn, William French Jr., Suzanne Haroutunian, Maria Hatzis, Veronica Heffernan, Sara Hughes, Robert Hunter, Amy Kirkland and Jennifer Leveille.

Also, Andrea Lionetta, Sarah Livson,

Crista Lucarelli, Christine McCall, Amy McHugh, Anthony Mirogiannis, Maura Moran, Kerry Murphy, Nicholas Pantazopoulos, Mary Patterson, Gianpiero Pazzia, Jane Remika, Rocco Rossi, Min Shao, Michael Silva, Stacey Simmons, Jonathan Smyth, Timothy Sullivan, Toru Tagawa, Eileen Tighe, Yi Wang and Michael White.

Grade 11: Elizabeth Adams, Rucker Alex, Sandra Andrade, Dzintars Avots, Richard Battaglia, Zachary Becker, Carla Berimbau, Danielle Borgesano, John Breslin, Sarah Brown, Jose Cabral, Maura Carney, Sylvia Coburn, Maureen Dwyer, Noel Dyer, Stephen Frechette, Jennifer Gagne, Michael Gordon, Maryellen Grannan, Frank Guerra, Tracy Hale, Stephanie Hansel, Beth Harrison, Patricia Hughes, Andrew Josephson, Lauren King, Steven Kirchner, Jessica Kraemer and Andrew Kyle.

Also, Stephen Lafrance, Beth Lawson, Young Lee, Joanna Litsas, Kimberly MacKenzie, Cheryl Madden, Renee Marchant, J. Brooke Meissner, Jeffrey Miller, Kristen Millian, Daniel Morais, Roseann Morello, Hung X. Nguyen, Huong Thi Nguyen, Mark Nolan, Michael Novak, Marc Palmer, Niles Panicker, James Paradis, Niambi Person, Valerie Politano, Steven Regal, David Reynolds, Alberto Rossi, Jeffrey Russell, Sarah Shields, Denis Siringhaus, Brook Stevens and Scott Trepaney.

Grade 10: Joseph Alterio, Marc Anderson, Kathleen Arnold, Rebecca Bruhn, Quentin Carmichael, Teri Chu, Hannah Cole, Cadence Connor, Elizabeth Daniels, Erica Derosa, Robin Fanciullo, Robert Ford, Kerry Gallo, Jennifer German, Carmela Giannone, Kristen Haley, Deborah Hankinson, Stella Hatzikostantis, Sean Hayes, Christina Ho, Laura Hobart, Kevin Hsu, Darya Huber-Anderson and Laura Jennings.

Also, Patrick Johnson, Baljit Kaur, Jonathan Killeen, Brian Lever, Kathryn Mahady, Elizabeth Mattheen, Peter Mauro, Edward Menten, Amy Nadeau, Katherine Quible, Matthew Rebholz, J.P. Saint-Louis, Frank Sessa, Hsin-I Shao, Lauren Shaw, Samantha Snyder, Michael Tassone, Daniel Tauro, Amy Villandry, Michelle Villandry, Esther Wright, Edwin Zargarian and Michelle Ziomek.

Grade 9: Joanna Begley, Rachel Borgesano, Paul Bradley, Jonathan Brandt, Douglas Britt, Julie Brydges, Jeffrey Chase, Mei Chin Cheng, Julia Cianfarini, Amanda Cochrane, Karalyn Collins, Michael Covell, Jennifer Covino, Beth D'Agnes, Carly Desmond, Brendan Doherty, Colleen Donovan, Deirdre Doyle, Colleen Ford, Christopher Gannon, Bridgett Garballey, Abraham George, Elena Ghanotakis, Tarek Hamid, Abraham Jaffe, Kerri Jones, Robert Jurcik, Jatinder Kaur, Agapi Koulouris and James Kousoulos.

Also, Andrew Law, Andrew Leger, Katelyn Martin, Anna McGrath, Thomas Moore, Christine Murphy, Emily O'Neil, Justin Otero, Kerry Paradis, Thomas Perkins, Jennifer Pintabone, Christine Powers, Kathleen Priest, Lisa Prueser, David Puloka, Julian Reyes, Sean Riley, Christina Roberts, Lorian Ross, Kate Ryan, Jenny Schiller, Jannan Siam, Ryan Siggins, Ji H. Song, Megan Stanley, Kae-Jai Su, Jennifer Telles, Adam Weiss, Jessica Young, Samir Zaganjori and Miroslav Zbruz.

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# COMMUNITY

## Raw material for the new backyard: rocks

**NATURALIST GARDENER**  
ELLEN FINNIE DURANCEAU

Once my husband and I began our attempt to create a natural garden, it slowly dawned on us that to be consistent with the overall informal effect of a natural garden — whose loose flowing beds simulate plants in the wild — our garden structures also needed to be informal and made of natural materials. We realized, for example, that the plastic-roofed, red-cement patio we inherited with our house looked completely out of place. So we sat for many hours poring over landscaping and gardening books (We found the "Victory Garden Landscape Guide" to be one of the best), trying to decide what should replace the repellent structure that dominated our backyard, screaming "suburban barbecue" rather than "wildlife habitat and peaceful retreat."

We toyed with many options: gray brick pavers, cobblestones, gravel and decking, but nothing really captured our imaginations or matched our budget. Finally, one afternoon last spring, we had an inspiration: rock! As with all good ideas, once we lit upon it, we wondered how such an obvious and simple solution had eluded us for so long. We'd create a low rock wall to replace the chipping white cement surrounding the patio; we'd lay gravel where the cement blocks and asphalt were; and

embed flat stones as the floor of the patio, to match the wall. (One of the principles we'd read about was to avoid introducing too many different materials with differing textures and colors.)

As the first, irrevocable step in this process, we hired a demolition team to remove the roof, asphalt and cement, leaving the red cement block, which we decided we could handle on our own. When the demolition was over, we were left with a raw gaping hole in our garden where the patio had been, and found we were strongly motivated to keep our project moving forward. So we went shopping for rock, which we found to be a surprisingly satisfying process. There's something about rock, its solidity, permanence and rough humility (especially in these chaotic times), that has an intrinsic appeal. We ended up deciding on a type called "Pennsylvania Thins," which, as their name suggests, are thin, flat rocks just made for stacking, and adaptable for the patio floor.

Once the stones arrived (you don't bring home several tons of rock in an aging Nissan Sentra, we learned), I began building a wall. I was quite unsure that I would be able to stack even these nice flat stones on top of one another in such a way that they would resemble a wall, or that the same stones would look good as the floor of the patio, as we'd planned. We hadn't seen anything quite like this in the books. But I soon found that building a very low wall with flat rocks is not at all hard; and indeed, it's a lot of fun, like work-

ing a huge puzzle and trying to get the pieces to match up right, with none left over at the end.

One stone after the other, one Saturday afternoon after another, the wall grew. I ended up liking the work and the wall so much that we decided to extend it from the patio along the driveway to the road, removing rotting landscape ties and a split-rail fence in the process. When I was done I was astonished to find that we had a patio and driveway lined with what looks (at least to my eyes) like a very natural rock wall, suited perfectly to set off native plants and shrubs and quietly echo New England's past.

The wall gave me confidence to tackle the patio itself, embedding stones into the gravel to create a terrace of interlocking stones. At the end of the season, however, half of the patio was still red cement brick, since we'd only paid for removal of the asphalt. The red cement clashed with the new rock, emphasizing its shortcomings, but as ugly as this effect was, we decided to wait a year before committing ourselves to "Pennsylvania Thins" entirely — leaving open other options should the winter destroy the wall and send the patio floor heaving upward in a useless tumble.

Despite the snow cover and the lack of mortar, the new wall and patio survived the cold unscathed, so this year I've tackled the other half of the patio. I pried up the cement, and a neighbor (the one with the adorable daughter

talent shows. Julie O'Connor, the kindergarten camp director, received her bachelor of science degree in elementary education from Fitchburg State and has worked at Fidelity House Day Camp for the past three years.

The program meets from 8:30 a.m. to 3:30 p.m. with an option for extended care until 5:30 p.m. Children entering kindergarten or those who have just completed kindergarten are welcome. There is limited enrollment for each session. Enrollment is on a first come, first served basis.

### August Adventure full day programs

Fidelity House will continue to provide quality child care right up to the start of school. Full day programs will begin on Monday, Aug. 15, and continue through Sept. 9. Some of the trips and events being planned include Strike One, Action Discovery Museum, Wingersheek Beach, Wal-Lex Roller-skating, Roger Williams Zoo, field days, Museum of Science, a Mexican fiesta and much more. Full day programs hours are 8 a.m. to 5:30 p.m. with extended care until 6:30 available. For more information call 648-2005.

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## FIDELITY HOUSE

### Fidelity House day camp

There are limited openings in the 39th Fidelity House Day Camp which is open to 6 to 13-year-olds. Most of the camp activities are held at Minuteman Regional Technical High School in Lexington and includes American Red Cross swimming lessons in the morning and free swim in the afternoon to beat the heat. There is something to catch the interest of every child as sports, ceramics, arts & crafts, special events and age appropriate activities go on all day. The superb facilities include an Olympic-size swimming pool, spacious athletic fields for outdoor recreational play/nature activities and indoor facilities for inclement weather.

There are still three weeks remaining. Camp runs Monday through Friday, 8:30 a.m. to 4:30 p.m. with an option for extended care until 6:30 p.m. For more information call 648-2005.

### Preschool summer program

Fidelity House's Preschool program will be offering six one-week sessions of the Preschool program. The program will run Monday through Friday, from 8:45 a.m. to 12:45 p.m. Age appropriate activities to be offered include music, arts and crafts, nature activities, storytime and more. The fee for each week is \$50. Children 2 years and 9 months through 5 years old are welcome.

### Kindergarten camp

Fidelity House's Kindergarten camp continues through Aug. 12. This week the campers enjoyed trips to Wilson's Farm, My Brother's Place and the Arlington Fire Station. They are also scheduled for an adventurous journey to exotic George's Island in Boston Harbor. There are many other trips and special events being planned for the remaining three weeks. The "Munchkins," as they are affectionately referred to, will continue to swim at the beautiful Minuteman Technical High School pool in Lexington and the Arlington Reservoir as well as doing arts and crafts and participating in the

## CLUB NEWS



### Retired Men's Club meets twice monthly

Regular meetings of the Retired Men's Club of Arlington are held on the second and fourth Wednesday of each month. Coffee and doughnuts are available before the meeting, which starts at 10 a.m. New members are always welcome. Dues are \$6 per year.

Upcoming trips are:

Sept. 7, "Mario and Mary's Comedy Wedding." Be a special guest at this wedding comedy. Complete dinner and wedding reception is \$35 per person.

Sept. 26, Wildwood New Jersey. A spectacular fall vacation, Sept. 26 to Sept. 30.

For information contact John Sacca 396-0261.

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# The Arlington Advocate

## COMMENT



The Birthplace of "Uncle Sam"

Samuel Wilson

### Editorial

## Checking in and out

**W**e're a long way from achieving the kind of long summer slowdown that is said to be common in European countries, but it's good to note that people in these parts do know how to get off the treadmill. You get the feeling in town at this time of year that things are going along at about three-fourths speed.

We tried to reach the chairman of the Board of Selectmen this week, but he was reported to be off at the Cape. The town moderator was also out of reach for the week. As was the president of the local hospital. School Committee member Janice Bakey dropped us a note from a distant New Hampshire hamlet — having a good time, wishing we were there, presumably. Barbara Goodman, of that same distinguished committee, is off to Japan, to represent the town at a ceremony at sister city Nagaokayko.

Meanwhile, activist Jacqueline Harrington, from miles away on the coast of Maine, keeps us posted on what she is finding out about the continuing Alphonse and Gaston routine between our town officials who are supposed to be putting in motion an architect's study of potential elementary school renovations. Harrington is up in the boondocks without typewriter or fax machine, but is making use of the telephone, at least. Out of town, maybe — but not out of the loop.

...

Meanwhile, on the hardworking homefront, Arlington's new Superintendent of Schools Kathleen Donovan has been putting in busy days since she started work at the beginning of this month. She worked straight through June in her previous job in York, Maine, and assumed her new one here with barely a break in between. She hopes to get "maybe a long weekend or two" this summer, in lieu of vacation.

So just what is going on with the aforementioned study of the elementary school buildings? The attentive reader will recall that Town Meeting, against the advice of several leading officials, voted recently to move ahead with architects' studies of the Bishop, the Brackett and the Hardy Schools, as part of an ambitious plan to renovate all seven elementary schools and the junior high.

Donovan told us this week that the plans will be moving forward. The Governor's budget has extended the program for 63 percent state reimbursement of school renovation programs for another year, giving the town a little more breathing room if the school improvement plans are really to take shape. The Permanent Town Building Committee was scheduled to meet yesterday afternoon (past our deadline) and Donovan was planning to attend. Meanwhile, a meeting is set for next Wednesday of the nine-member committee set up by Town Meeting to work on financing for the school plans. Donovan is on the committee and will be attending that meeting, too. Summer vacation can wait!

### Cartoonist sought for editorial page

The Advocate is seeking a cartoonist with an eye for the humor to be found in local politics, government, and life in general.

Aspiring and accomplished cartoonists are encouraged to contact the Advocate and/or to send examples of their work. The newspaper is open to occasional or regular submissions of cartoons for use on the editorial page. Contact Dave Denison, editor, The Arlington Advocate, 5 Water St., Arlington, Mass. 02174. (617) 643-7900.

### WRITE THE ADVOCATE

Please send your letters to the editor (typewritten if possible) to: Letters, The Advocate, 5 Water Street, Arlington, MA 02174.

The deadline is Friday at 3:00 p.m. for the following week's issue. (The same deadline applies to all press releases and announcements submitted to the Advocate for publication.) Because of space limitations, not all letters that arrive by deadline are guaranteed to be printed in the next immediate issue.

We ask that letters to the editor be signed with name, phone number, and address, though on rare occasions we will consider withholding the writer's name by request if we are given a compelling reason. Because we cannot verify unsigned letters, and because we are dedicated to open debate, we do not print anonymous letters.

## The Arlington Advocate

5 Water Street, Arlington, MA 02174  
Established 1872 • Published Every Thursday

Circulation 1-800-982-4023 Editorial 617-643-7900 Retail Advertising 617-487-7280  
Classified Advertising 617-487-SELL Billing Inquiries 617-487-7200  
Single newsstand copy 50 cents, Subscription by mail, in county \$20 per year  
By mail, out of county \$34 per year

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Circulation is independently audited by Certified Audit of Circulations, Inc.  
P.O. Box 379 Waverly, N.J. 07474. Reports available upon request.

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### Guest Column

## What junior high was like in an earlier era

By Ralph W. Sexton  
SPECIAL TO THE ADVOCATE

**T**he discussion at the recent Town Meeting concerning the addition and renovation of the Ottoson Junior High School and the transition of the Ottoson to a middle school made many of us reflect upon how much junior high school education in Arlington has changed from what it was during the 1930s, when we were in junior high.

Two differences come immediately to mind: instead of only one school, there were then three, plus a junior high industrial arts school. Also, we went to junior high school for three years instead of two. The senior high school was a three-year program at that time, and many of the courses we took in the ninth grade in junior high school counted in the high school units required to go to college.

We always referred to the three junior high schools as the West, the East, and the Centre (yes, centre is the way it was spelled). The industrial arts school was housed in the last wooden school building in Arlington, located until about 40 years ago on what is now the upper playground at the Parmenter School.

The Junior High Centre was in the red brick building on the corner of Academy and Maple streets that was rehabilitated a few years ago to its present use for town offices, such as the Council on Aging and the Senior Center. This is where we went to junior high, and therefore is the subject of most of the following. The school has an interesting story. It was originally built in 1894 as Arlington's new high school. It is still carved in stone as such over the Academy Street entrance. High school education in Arlington only began about 30 years before then, when the Town Meeting voted to purchase the previously private Cotting School on Academy Street. It was the policy of the School Committee that the high school provide a classical education to prepare Arlington's students for college. Comprehensive high school education came later.

The school's design was intended to be state-of-the-art for that time, and in fact the State Board of Education thought so highly of the design that they sent it for exhibition in the World's Columbian Exposition of 1893 in Chicago. By today's standards, however, the school would be considered quite inadequate, not only as a high school, but as a junior high school. Imagine building a school today without a gym or a playground! When we attended the Centre, there were two tennis courts on the Maple Street side, but for gym class we usually walked to Spy Pond Field. The time it took to walk to and from the field shortened the gym class, but the walk itself was perfectly good physical training. There was a basement room that we used in bad weather, and it seemed that that was the case most of the time in the winter. The room had wooden benches along the sides and a basketball. It also had a heating pipe that ran about 18 inches under the ceiling near one end which coincidentally provided a nifty way to use the basketball. We took turns trying to throw the ball between the pipe and the ceiling, but the room was too small to even try to make this into a game. It was common when the school was built

Discipline was more strict then than it is now. We were not allowed to talk to each other in the corridors.

to put the auditorium in the attic under the peaked roof, and the Centre was like that too. From one point of view, this is not such a bad idea, because the space which might otherwise go to waste made an impressive auditorium. It was, however, on the third floor and would not be allowed today, because it would take much too long to empty in case of fire.

Although the building was old and looked out of date to us even then, it was fairly well maintained. There was a lot of wood. The wooden floors were freshly oiled for opening of school in September. Wooden "cloak" rooms in front of each classroom were where we hung our hats and coats (we did not have lockers like today's students). These were varnished wooden enclosures which along with the varnished doors and window frames and dados made the corridors look quite impressive. Although the building has been extensively remodeled, you can still see much of the original varnished wood work. The corridor walls on the windows were adorned with pictures of previous classes, some quite old.

**W**e had our ninth grade class picture taken too, but unlike present day junior high school students, we did not have a graduation exercise. Graduation from junior high school, in those days, was not considered necessary. Up until a few years before we were there, people did graduate from junior high, but the practice was stopped, I believe, because by then most people were going to senior high school. They did not need a junior high school diploma like previous generations, many of whom terminated their education at that point. This philosophy has changed again, as nowadays we not only have junior high school graduation, but even graduation and diplomas from grammar school.

Evidence of the classical high school education provided during the building's early days remained even when we were there. Marble statues, including that of Venus de Milo, and ancient Greek and Roman busts adorned several of the classrooms.

Another difference between then and now is that there were no lunch rooms in the schools. We all walked home for lunch and returned for the afternoon session. This arrangement, I am sure, allowed a nice quiet time in the middle of the day for the teachers, but it also meant quite a long walk and not much time for eating for those students who lived on the edge of the school district. Many people had to walk well over a mile each way. For some, the walk through Menotomy Rocks Park — a shortcut compared to the Highland Avenue, Gray Street and Ravine Street route — in nice weather was very pleasant, however.

Based on what we have recently observed, discipline was more strict then than it is now. We were not allowed to talk to each other in the corridors be-

tween classes. A friend remembers one teacher who was, in her opinion, too zealous in enforcing this policy, because she vividly remembers how the teacher grabbed her by her shoulders and shook her, only because she whispered a question to her friend while walking in a corridor. All in all, however, we liked the teachers, and have fond memories of many of them, and it is well that we mention a few.

The gym teacher for the boys who was in charge of the small basement room and who walked us to Spy Pond Field, was Doc McCarty who had studied to be a veterinarian. Nobody ever referred to him by any title other than Doc, except some of the teachers who called him Doctor (much to our amusement). Doc was also the high school track coach and was well liked and well known around town. In fact, for many years after the war whenever someone who had been away from Arlington for a long time came back, they might very well have asked "How is Doc?," and anyone would know exactly who was meant.

Mr. Matthews was the principal, a dark suited gentleman of the old school, who was respected by both the teachers and the students. He must have been the principal for a very long time, because so many of the class pictures on the corridor walls included him.

Mr. McNally was the manual training teacher. We all made a pump lamp (the handle of the pump turned on the light) and book ends. There were other projects too, but what I remember most about Mr. McNally and his class was the way he always told us to "Sand it up," when we asked about the next step in the procedure, even though we had already spent many hours sanding it up. Today the girls also take manual training and the boys cooking, but at the time no one would have even thought of such a thing. I remember walking to the senior high school for a printing class taught by Mr. Arthur, the high school teacher for that subject. The process must have been the same way that Benjamin Franklin composed his type, placing individual letters and punctuation marks in a "stick." In retrospect, using classroom space in one building by students from two schools seems like an idea worth thinking about even today.

We did have a science room — Mr. Degnan was the science teacher — that actually had a lab table at the front with a sink and a gas cock for a Bunsen burner. Considering the general lack of facilities in the building otherwise, the lab table, even though for use only for the teacher's demonstrations, seems even now to be quite up-to-date.

Miss Spinney taught art in her room (no. 13) on the third floor at the top of the stairs, just opposite the entrance to the auditorium. The only other class held on the third floor was at the front of the auditorium, where Miss Woods held her music class. I think only for the seventh grade.

Other teachers fondly remembered are: Miss Bennett, who taught Latin, and Miss Schedell, who taught French. (We could begin either of these subjects in the eighth grade and many of us took both in the ninth grade.) Miss Burke, who gave us a good grounding in history, and Miss Hartford, who established a firm foundation in algebra. Most of the teachers seemed to have been at the Centre for many years and by our teenage standards were all old. Most seemed very old, but in the ninth grade a new teacher, Miss Sanford, arrived to teach English. She was the only young teacher in the school, and whether because of that or because of her enthusiasm, she became popular right away and had a very good rapport with all of her students.

Although junior high school education, especially now with the change to the middle school concept, has gone through quite a few changes over the years, the purpose has always been to provide a good education for the young people of Arlington. We who attended school in Arlington more than 50 years ago believe that a good education was provided us. It is up to us to make sure that today's young people will feel the same way, 50 years from now.

(Ralph Sexton is a Town Meeting member and a longtime Arlington resident.)

### Letters to the Editor

#### In support of a single payer health care plan

To the editor:

The last health care article I wrote for the Arlington Advocate was a summary of the League of Women Voters Health Care Forum held on Nov. 15, 1993 at the First Parish Church in Arlington. As a member of the League, which supports a single payer plan, I admit I was influenced by the thousands of women who carefully studied, thought through and talked about this very complex issue. Many questions had to be answered before I made my choice. I had to consider my values and decide what I was willing to sacrifice.

I prefer the single payer system because I think all people should have access to, at least, good basic health care and, secondly, I want to be free to choose my own provider (not just choose among providers in a managed

care system). The sacrifice is change, which I have to do daily anyway. The changes include paying taxes for health care with the money that was going toward insurance premiums. By avoiding the administrative costs for insurance and/or employers it has been calculated that our country would save 100 billion dollars, the money needed to cover the presently uninsured. Private insurance companies have an overhead of approximately 14 percent while Medicare has an overhead of 2 percent. Canada has 1 percent overhead costs for their single payer system.

The Canadian system provides everyone with basic care and the Canadians seem to use their health care services more than us. Their costs remain lower than ours (some figures show as much as 25 percent less cost than the U.S.) One of the problems adversaries of the Canadian plan bring up is that

LETTERS, See page 9A.



# COMMENT

## Guest Column

# Chilling scenes of summer: the fridge freaks out

By Terry Marotta  
COLUMNIST

I've always got my eye out for words of wisdom. I figure they help me live my life.

OK, here's an example: "Nothing worth doing can be accomplished in a single lifetime." That's Reinhold Niebuhr.

Now this obviously means that a worthy task — like cleaning the fridge, say — is something your kids and possibly your grandkids are going to have to pitch in and help you with.

So we're off the hook, right?

I hope so, because to be honest, I'm becoming just a little overwhelmed with the magnitude of general maintenance required to keep life from swirling down the old porcelain throat

into chaos.

Take this thing with the fridge.

People have always noticed something wrong with our fridge. House pets, guests with a keen sense of smell. These last would open it, do a quick jump of surprise and back up fast. Pets, on the other hand, would come closer the way they do when they smell something really rank, as if to say "Gym socks! No...cheese! No, no. Perhaps fish? That's it! A fish base with undertones of egg!"

One day, about three weeks back, the one part of the fridge that didn't smell weird — its freezer half, in other words — sickened sharply. Frozen yogurt turned to cream-of-vanilla soup. Italian ices became puddles of bright pink and orange punch. Fudgies lay like little felled vampires, stake-in-the-

heart and oozing chocolate. Plus, sometime before, the ice maker had got its little catheter dislodged somehow and so had been wetting quietly into the rest of the unit, slowly encasing the lower drawers in ice now melting fast. To put it simply, in what was once a frozen tundra, it was now gently, tropically, raining.

I called the Fridge Man. Who came in two hours and gave me this speech:

"This here Sub-Arctic unit of yours is a delicate instrument! Anything goes wrong, you call me at once." Then he took off the grill and his manner changed.

"Well HERE'S your problem. Don't you ever vacuum in here? Look at this dust! and what's this...FUR?"

Vacuum inside the refrigerator's head?, I thought. What is this guy, nuts?

But what I said was, "Well, we get a lot of wildlife around here. There's the cat, and, and, just last night a bat came and swooped through the house for about an hour!" Implying, who could vacuum fridgebrains with a bat in their lives?

He held up his hand. "Wo! Bats! Be careful a them! My sister gets a bat in the house one night? Looks all over for it, figures it flew out. Next day gets up, puts on her shoe. The bat is in her shoe! Bites her on the foot! Series-a-painful shots!"

He vacuumed the brains, meanwhile, and righted the little catheter. Leaving, he said, "Delicate instrument, remember! Call anytime! 24 hours a day!"

COLUMN, See page 10A.

## Letters

LETTERS, From page 8A.

patients can't get certain procedures soon enough in Canada so patients die or come to the U.S. for them. My answer to this is that many of our uninsured are also dying from lack of care. I think that we can learn from the Canadian problems and find solutions. One solution is to continue our research on determining exactly how beneficial, if at all, some of our procedures are. (Ex. cleaning plaque from blood vessels and bone marrow transplants doesn't help as many people as once thought.) Also, I think that if we maintain our overall health care costs, not try to lower them as much as Canada, we can continue to provide the excellent medical care we are noted for. However, we must share our expensive machinery (like MRIs) and services so there is little duplication of expensive work ups. We need to stream line our paper work. We need responsible state boards which make tough decisions about needed services, procedures and research so that tax money is allocated wisely. Members in these health boards need to meet nationally to share ideas for ever improving the quality and affordability of health care.

Another criticism of the Canadian plan is that Canadians use the emergency services two times more than us. It is unclear to me how emergent all of this care actually is. Many of our Massachusetts hospitals and neighborhood centers have set up walk-in clinics which are available for immediate care without the costs of true emergencies. If needed, patients are encour-

aged to return for follow up with a primary care provider.

I have a big concern about insurance companies influence on our legislators. The Clinton Health Care plan stemmed from the recommendations that came out of the health care work group that met in Jackson Hole, Wyo. The expenses incurred by that work group were funded by large insurance companies like Prudential, Met Life and Aetna. The larger insurance companies have now formed their "Alliance" which is doing what it can to influence and advertise plans that will keep them in business. That is their democratic right but I have difficulty spreading my message against the million dollar messages they can send. The insurance companies have not come up with a health care plan in which insurance covers everyone. I doubt that they ever will.

If you haven't studied the health care issue I encourage you to do so and make up your own mind. The League of Women Voters organized another Health Care Forum of experts at the State House on June 25. If you missed this channel 44 broadcast ask to borrow the video tape from the Arlington library. I left it there for you. If you have made up your mind about health care don't forget to tell your legislators. Remember, democracy is not a spectator sport.

Eileen Wilding-White  
Pleasant Street

## Shortcut in reporting

To the editor:

In an obviously busy week, where he was responsible for writing every one

of the five front page Arlington Advocate articles, E.H. Stockstill, Assistant Editor, took an unfortunate shortcut.

In the July 7th edition of the Advocate he wrote an article about neighborhood vandalism and property damage. I live in one of the neighborhoods mentioned and I am well aware of much of the damage. Although a graffiti sticker was stuck on the windshield of my car and the dealership name removed, I viewed the incident as more of a nuisance than a threat.

Mr. Stockstill, however, reported my reaction to this incident somewhat differently, despite the fact that we had never spoken. I am quoted in the Advocate as saying, "It's terrifying...I think the community needs to look at this (issue) and deal with it."

Let me emphasize again, I never spoke with Mr. Stockstill about this. I never even reported the incident to the police. Those were not my words and I strongly object to seeing my name and address used without my knowledge.

I called Mr. Stockstill to question his journalistic ethics and he said he had talked to me about the vandalism. When I told him that just wasn't true, he admitted that he had talked to "someone" who gave him the address he printed (my address) but failed to tell him their name. Mr. Stockstill said he then cross-referenced the address and came up with my name. Mr. Stockstill said he was sorry.

It occurs to me that whoever called probably didn't want their name in the paper either, and clearly someone made a mistake about the address.

Having worked in television for a number of years, I am much more "terrified" by Mr. Stockstill's and the Ar-

lington Advocate's breach of journalistic integrity than by this vandalism incident.

Suzanne Rothschild  
Address withheld

(Editor's note: The Advocate does not condone the type of reportorial guesswork to which Ms. Rothschild refers. We apologize to her and to our readers for the lapse which she describes.)

## A good choice by Selectmen

To the editor:

Kudos to Arlington's Board of Selectmen for hiring John Dunlap as their administrator.

When I learned John was leaving Senator Havern's office, I was saddened and disappointed. I have no idea how many times I have spoken with him on various matters. John probably knows. Dozens, at least.

Since I have spoken with every single Massachusetts legislator's office over the years, I feel I am in a position to say that John was not only one of the most knowledgeable aides. He was also one of the most personable.

He had the uncanny ability of knowing what was happening on every floor of the State House. I recall one occasion when my mother phoned him at 9 a.m. one morning to let him know I had testified at a hearing the previous day on a bill which had nothing to do with Senator Havern. John already knew I had testified and proceeded to give her a status report on the bill. I admire him immensely.

I also feel badly for Senator Havern. A powerhouse like John Dunlap is not easily replaced.

In any event, it is great to know that Arlington is still benefiting from John's expertise. Best personal regards, John.

Anthony L. Bernacchi  
Mass. Ave.

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